

United Cerebral Palsy

of Huntsville & Tennessee Valley, Inc.

2009 - 2010 Annual Report



Board of Directors

2009-2010 Officers

President

Walter (Tod) Dodgen

Maynard Cooper & Gale, PC-2011

President-Elect

Olly Orton

Morgan Stanley Smith Barney-2011

Vice President-Campaigns

Jo Layne Hall

The Hall Firm/Attorney-2010

Vice President-Facility

Tim Lewin

Embassy Suites Huntsville-2012

Secretary

Terry Bynum

Hunter Homes-2010

Treasurer

Gretchen Jensen

COLSA Corporation-2010

2009-2010 Meetings

November 9, 2009

January 25, 2010

April 19, 2010

June 21, 2010

August 23, 2010

*Board meetings were held at 5:30 p.m. at the UCP Center on the dates listed above.

*Officers served from October 1, 2009 to September 30, 2010.

*Board members serve a three-year term of office, with one third rotating off each year. The term of office ends September 30th of the year indicated next to each board member's name.

2009-2010 Directors

MADISON COUNTY

Joey Aiello

Morris, Conchin & King,
Attorney- 2011

Greg Barnes

Brumbelow & Barnes, PC-
2011

Geoffrey K. Burton

Jacobs ESTS Group-2012

Terry Bynum

Hunter Homes-2010

Tina Carter

Lockheed Martin Space
Systems-2010

Walter "Tod" Dodgen

Maynard Cooper & Gale, PC-
2011

Mary Fisher

Redstone Federal Credit
Union-2012

Danny Garcia

NASA MSFC-2011

John Jeffery

ServisFirst Bank-2012

Jo Layne Hall

The Hall Firm/Attorney-2010

Gretchen Jensen

COLSA Corporation-2010

Tim Lewin

Embassy Suites Huntsville-
2012

Clay Martin

Martin & Helm, PC-2012

Amy Mayfield

The Huntsville Times-2011

Carla McApine-Franklin

GC Solutions-2011

Dan Montgomery

Strategic Defense Solutions-
2010

Olly Orton

Morgan Stanley Smith
Barney-2011

Dr. Bruce Peters

Schafer Corporation-2010

Tim Reeves

Reeves Custom Homes-2010

Cathy Scholl

Civic Volunteer-2010

Chris Waters

Chapman Sisson Architects-
2011

Debbie Webb

Interconnect Systems-2012

LIMESTONE COUNTY

Todd Tomerlin

Steelcase Corporation-2011

AT-LARGE COUNTY

Harold Stogsdill

Lockheed Martin-2012

2010 MEMBERS OF THE CORPORATION

William Kelly

Judy Link

Bunnie Scales

Donna Savage

William Whatley

Angela Yarbrough

Early Intervention

UCP's Early Intervention program focuses on identifying developmental delays in children from birth to three years of age, developing a treatment plan, and providing appropriate therapy and intervention services to fit individual needs. Parents and families are also provided with disability education and training. In addition, developmental and preschool readiness playgroups are offered weekly for children 18 months to four years of age to provide children with the enjoyable learning experiences and socialization skills needed to enter a traditional classroom setting.

Outpatient Therapy

This program provides therapeutic evaluations and direct treatment, including physical, occupational and speech therapy, for individuals of all ages. UCP's Outpatient Therapy program features the latest in therapeutic equipment for its clients. When a physician prescribes therapy treatments, young children with disabilities may also be provided with splinting and casting services to allow for proper bone growth and development. Computerized gait analysis and neuromuscular electrical stimulation services are also available.

Children's Therapy Services

Therapy services are also offered to typically developing children with short-term injuries due to sports and childhood accidents. Services offered for children ages birth to 16 years include pediatric physical, occupational and speech therapy and are available upon physician referral.

Family Connections

This program provides parenting and behavior management sessions, family events for networking and support, mentoring between new and veteran families within the disability community, and resource information and referrals.

Infant Massage

Infant massage classes teach parents how to properly massage their babies to promote parent and child bonding. Infant massage also helps babies relax tight muscles, aids in alleviating constipation and colic, and helps babies fall asleep easier. The class is offered to all parents of infants birth to six months old, as well as expectant mothers.

Equipping Families for Success

A licensed counselor is available for direct and/or group counseling for families affected by a disability. A Young Adults Support Group is also offered. EFS is funded by Huntsville Hospital's Community Health Initiatives and a grant from Representative Mike Ball.

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ArtStops

UCP clients and their siblings ages three and older are invited to participate in free art workshops taught by local artist S. Renee' Prasil. Children are given opportunities to express their creativity and learn about textures, colors and shapes, while developing their fine motor and language skills in a fun environment. Parents can choose to have a two-hour break while their children are in art class—a much-needed respite for many of them. Some choose to stay and participate in art projects with their children, which helps to form family bonds and create a greater connection with UCP. ArtStops is funded in part by the Jurenko Foundation and VSA, Inc.

Sensory Camp

Attending sensory day camp for one week each summer at UCP is a much anticipated event for many of our community's children with special needs. Camps feature theme-based language, motor and sensory activities through arts and crafts, games, movement, music, snacks and computer time. The camps are staffed by physical, occupational and speech/language therapists, special educators and qualified volunteers. Community visitors also share their talents with the children to provide music, movement, sensory and art experiences. Two different sessions are scheduled based on client ages/diagnoses in order to best accommodate the developmental needs of preschool and elementary students.

Equipment Loan and Technology Programs

The Waste Not/STAR, Technology Assistance for Special Consumers (T.A.S.C.) and SHARE (Special Help with Adaptive Resources & Equipment) programs allow UCP to evaluate, demonstrate and loan durable medical, mobility, communication and assistive technology devices to individuals with disabilities. Training for use of equipment is also available to clients, caregivers and professionals.

H.E.A.R.T.S. (Help: Emergency and Respite Treatment Service)

The H.E.A.R.T.S. program is designed to provide respite care for families of children with special needs up to age 19. Skilled respite is provided by licensed nurses or nursing assistants through local home health agencies. A voucher system allows parents to secure a caregiver of their choosing with payment by voucher.

Alabama Respite

The Alabama Lifespan Respite Resource Network (Alabama Respite) was created to identify respite resources across the state, develop a directory of those resources that is easily accessible by caregivers, and assist communities in developing additional respite services. The program expanded in order to help develop new resources, train caregivers and offer technical assistance and training to respite providers.

**TOTAL SERVICES PROVIDED TO INDIVIDUALS
DURING FISCAL YEAR 2009-2010**

UCP Early Intervention Program	183 clients
UCP Playgroup and Preschool Readiness Programs	69 students
Children’s Outpatient Therapy Program	197 clients
CCEP Childcare Enhancement Inclusion Training	
Teachers & Other Professionals Trained	1,020 participants
Impact of Training & Technical Assistance	6,147 children
Parent and Young Adult Support Groups	32 participants
Equipping Families for Success Counseling	27 participants
Family Connections Networking and Mentoring	179 individuals
Respite Services	
Information and Referral Services	17,949 referral contacts
Families Served by Respite Vouchers	649 families
Total Hours of Respite Care Provided	20,802 hours
ArtStops Creative Art Program	54 individuals
Sensory and Technology Camps	33 students
Technology Assistance & Training Services:	
AT & AAC Technology Evaluations	81 clients
On-site Technology Training Participants	653 individuals
On-site Technology Training Impact	25,237 individuals
On-line AT & Computer Trainings	3,654 participants
On-line AT Informational Sessions	172,603 visits
Computer Lab & Technology Sessions	51 sessions
Equipment Loan Programs	
Durable Medical and Mobility Equipment	213 individuals
Assistive Technology and AAC Devices	80 individuals
Student Intern and Program Volunteer Activities	
Student and Medical Interns	50
Program Volunteers	53
Total Hours of Service	1,646.5

Our Mission

UCP's mission is to enhance the quality of life for individuals with disabilities and promote their independence, self-sufficiency and full citizenship in the community. UCP strives to fulfill this mission through direct services, community education, parent training and advocacy.

The History of UCP in North Alabama

Organized locally in 1963 to meet the childcare needs of parents of physically disabled children, UCP has grown into a leading therapeutic and educational center, providing a range of services to children and adults with disabilities and their families.

The UCP Therapy Center, located at 2075 Max Luther Drive in Huntsville, provides physical, occupational and speech therapies, as well as educational and social services to children and adults in Madison, Marshall, Morgan, Limestone and Jackson counties with cerebral palsy, as well as clients representing an additional 156 diagnoses.

The UCP Technology and Training Center, located at 1856 Keats Drive in Huntsville, provides technology assistance and training to clients with disabilities, their families and teaching professionals, as well as quality childcare enhancement training and respite services to individuals statewide.

The Organization of UCP

UCP is governed by an all-volunteer Board of Directors; the UCP Board includes individuals with disabilities, parents of children with special needs, corporate leaders, civic volunteers, medical and legal professionals, small business owners and government employees. While the Huntsville affiliate is proud to be one of almost 100 affiliates across the United States constituting the national organization of United Cerebral Palsy Association (UCPA), the Huntsville Board of Directors and staff are responsible for determining the services to be offered in the local community and for raising the funds necessary to operate the Huntsville UCP center. Collectively, UCPA and its affiliates continue to be listed as one of the largest health organizations in the nation and one of the top five most efficient health charities by *Money Magazine* and the *Non-Profit Times* for spending the most resources on direct services for clients. Approximately 94 percent of the funds raised by the Huntsville affiliate directly benefit children and adults with disabilities and their families, with the remainder for administration and fundraising expenses.

UCP's Funding Sources

UCP funding sources include community support through personal donations and memorials; special event fundraisers; Combined Federal Campaign; state, federal and foundation grants; corporate sponsorships; and third party payers such as insurance and Medicaid for those individuals who are eligible.

UCP contracts with the following state agencies to provide services to individuals with disabilities and their families:

- Alabama Department of Rehabilitation Services
- Children's Rehabilitation Services
- Department of Child Abuse Prevention/Children's Trust Fund
- Department of Human Resources
- Department of Mental Health and Intellectual Disabilities
- Department of Senior Services

UCP Huntsville Staff

Cheryl H. Smith
Executive Director

Suzanne Price
*Financial/Administrative
Director*

Tracy Cieniewicz
Development Director

Julie Carden
Program Director

Jill Stewart
EI Service Coordinator

Wendi Pittard
*Special Instructor/Service
Coordinator*

Amelia Hardin
Special Instructor

Andrea Batt, RPT
Physical Therapist

Dr. Cheryl Ramos, RPT
Physical Therapist

Julie Yockel, CCC-SLP
Speech Language Pathologist

Kristi Cooke, CCC-SLP
Speech Language Pathologist

Janet Taylor, OTR/L
Occupational Therapist

Deborah Daniel, OTR/L
Occupational Therapist

Kim McCain
Insurance Billing Coordinator

Missie Palat
Outpatient Coordinator

Jennifer Formby
*Keats Center Programs
Assistant*

Marilyn Lands
Licensed Counselor

Java Bennett
Director of Respite Services

Linda Lamberth
*Alabama Respite Project
Manager*

Stephanie Wright, RN
*H.E.A.R.T.S. Respite
Program Coordinator*

Lisa Snyder
T.A.S.C. Project Manager

Laura Parks
T.A.S.C. Technology Specialist

Carol McGuire
*Childcare Enhancement with a
Purpose Project Manager*

Stephanie Eger
*CCEP Project Coordinator-
Huntsville*

Melissa Anderson
*CCEP Developmental
Specialist*

Directory

UCP of Huntsville and Tennessee Valley
www.ucphuntsville.org

Therapy Center
2075 Max Luther Dr.
Huntsville, AL 35810
Tel: 256.852.5600
Fax: 256.852.6722

Technology and Training Center
1856 Keats Drive
Huntsville, AL 35810
Tel: 256.859.4900
Fax: 256.859.4332

**Technology Assistance for Special Consumers
(T.A.S.C.)**
256.859.8300
www.ucptasc.org

Alabama Respite Resource Network
256.237.3683
www.alabamarespite.org