



# CHILDCARE ENHANCEMENT WITH A PURPOSE



Spring 2022 Quarterly Newsletter



Spring is here!

Let us help you and your staff complete your DHR training hours. Our quality child care trainings are free, in-person, and we will work with your schedule.

We also provide Technical Assistance visits where staff can target any concerns they may have. We provide strategies to promote successful inclusion in your environment.

Please call, email, or scan the QR code to get in touch with Kelli or Meredith.

We look forward to speaking to you soon!

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205-944-3969

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## Has your center had our Choose to Include Training?



In this four-hour training, learn what inclusion is all about and how to create inclusive environments. You will make items to use in your classroom and your center will receive an inclusion kit valued over \$300. Basic; DHR: PDG, QCCL; CCDF: 13, 15, 18, 19, 20; CDA: 2, 3, 4, 7; CKA: ICFC, COA; ALL.

# TRAINING LEGEND DHR2019

## Training Levels

**Basic** = Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. **Basic Level Training** covers a foundational understanding and demonstration of developing skills.

**Intermediate** = Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. **Intermediate Level Training** includes expanding knowledge and application, and refining skills.

**Advanced** = Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. **Advanced Level Training** focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

## DHR Minimum Standards Training Areas

**CD** = Child Development

**HSUP** = Health, Safety, and Universal Precautions

**QCCL** = Quality Child Care and Licensing

**CCPF** = Child Care Professional and the Family

**LD** = Language Development

**PDG** = Positive Discipline and Guidance

**AM** = Administration and Management

## CDA (Child Development Associate) Subject Areas

1. Planning a safe and healthy learning environment
2. Advancing children's physical and intellectual development
3. Supporting children's social and emotional development
4. Building productive relationships with families
5. Managing an effective program
6. Maintaining a commitment to professionalism
7. Observing and recording children's behavior
8. Understanding principles of child development and learning

## Alabama Pathways Core Knowledge Areas (CKA)

**CGD** = Child Growth and Development

**HSN** = Health, Safety and Nutrition

**LEE** = Learning Experiences and Enrichment

**DIV** = Diversity

**COA** = Child Observation and Assessment (Planning for Individual Needs)

**ICFC** = Interaction with Children, Families and Communities

**PPD** = Personal and Professional Development

**MA** = Management and Administration

## CCDF Training Areas

1. Prevention and control of infectious diseases (including immunizations)
2. Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
3. Administration of medication
4. Prevention of and response to emergencies due to food and allergic reactions
5. Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
6. Prevention of Shaken Baby Syndrome and abusive head trauma
7. Emergency preparedness and response planning for natural or man-caused events
8. Handling and storage of hazardous materials, including correct disposal of bio-contaminants

9. If applicable, appropriate precautions in transporting children

10. First-aid and CPR

11. Recognizing and reporting child abuse and neglect

12. Identifying and serving homeless children and their families

13. Promoting the social, emotional, physical, and cognitive development of children, including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies

14. Caring for children in geographic areas with significant concentrations of poverty and unemployment

15. Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, including reducing expulsions of preschool-aged children for such behaviors

16. Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development

17. Understanding early neurological development

18. Using data to guide program improvement

19. Supporting positive development of school-age children

20. Improving the quality of programs and services for infants and toddlers

## Target Age Groups

**Infants** = Birth to 12 months

**Toddlers** = 1 and 2 year olds

**Preschoolers** = 3 and 4 year olds

**School-agers** = 5 to 12 year olds

**ALL** = Infants, Toddlers, Preschoolers, and School-agers



# FREE COMMUNITY TRAININGS

**You're invited to attend one of our free community trainings listed below.  
Please share with your staff!**

## **"Supporting Early Literacy in the Inclusive Classroom"**

In this 1.5 hour training, we will discuss ways to support literacy throughout your daily routine and including meaningful print in your classroom. We will share children's books that you can read in your classroom that are inclusive, interactive, and cultural. Each participant will receive a book to use in their classroom!

DHR Training Level: Basic  
CCDF: 13, 15, 20  
DHR: LD, CD  
CKA: CGD, LEE  
CDA: 3, 8  
Target Age Group:  
Infants, Toddlers  
Preschoolers

### **Tuesday, April 19**

Pelham Library, Roberts Room A  
6:00- 7:30 PM  
Trainer: Kelli Gerchow

### **Thursday, May 12**

Hoover Library, Fitzgerald  
Room  
6:30-8:00 PM  
Trainer: Meredith Bishop

### **Wednesday, April 20**

Hoover Library, Fitzgerald Room  
6:30- 8:00 PM  
Trainer: Meredith Bishop

### **Tuesday, May 17**

Pell City Library  
12:30-2:00  
Trainer: Kelli Gerchow

### **Thursday, April 21**

Pell City Library  
5:00-6:30 PM  
Trainer: Kelli Gerchow

### **Tuesday, May 24 and June 14**

Trussville Library  
6:00-7:30 PM  
Trainer: Meredith Bishop

**Registration is required and spots are limited.**

**To register, contact the trainer listed for the date and location you are attending.**

**Kelli: [kgerchow@unitedability.org](mailto:kgerchow@unitedability.org) or 205-944-3969**

**Meredith: [mbishop@unitedability.org](mailto:mbishop@unitedability.org) or 205-944-3966**

**Please include your full name and phone number. Thank you!**

# Are you interested in our 10 Hour Course Training?

We are now offering a 10 hour course training for your center! This new and improved training is broken up into 5 sessions (2 hours each). After the training, we will visit your classroom and provide an educational kit based on your needs.

Contact us if you are interested in scheduling this 10 hour course training or if we can answer any questions.

Kelli: 205-944-3969

Meredith: 205-944-3966

## Session 1: Principles of Inclusion—

Basic; DHR: QCCL; CCDF: 13, 15, 17, 20; CDA: 7 8; CKA: CGD; ALL

## Session 2: Gross and Fine Motor /Adaptive Skills—

Basic; DHR: CD; CCDF: 13, 15, 17, 20; CDA: 2, 7 8; CKA: CGD; ALL

## Session 3: Sensory Processing—

Basic; DHR: CD; CCDF: 13, 15, 17, 20; CDA: 7 8; CKA: CGD; ALL

## Session 4: Speech/Language and Cognitive Development—

Basic; DHR: LD, CD; CCDF: 13, 15, 17, 20; CDA: 7 8; CKA: CGD; ALL

## Session 5: Positive Guidance and Social-Emotional Development—

Basic; DHR: PGD, CD; CCDF: 13, 15, 17, 20; CDA: 7 8; CKA: CGD; ALL