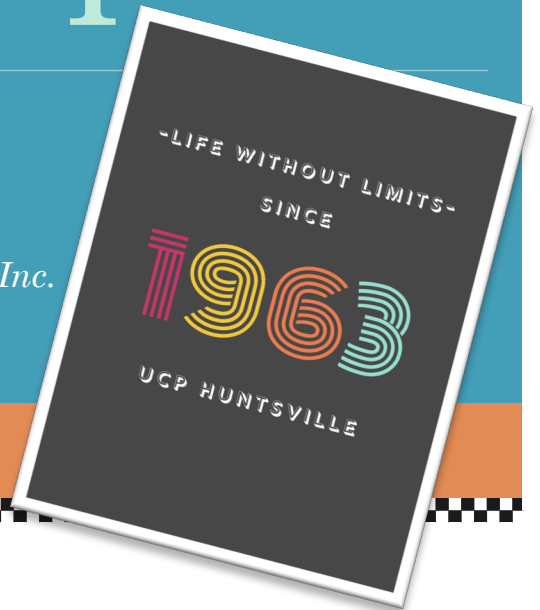


Annual Report

UCP Huntsville

United Cerebral Palsy of Huntsville & Tennessee Valley, Inc.

FY 2022-2023



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About UCP

The mission of United Cerebral Palsy of Huntsville and Tennessee Valley, Inc. (UCP Huntsville) is to enhance the quality of life for individuals of all abilities and promote their independence, self-sufficiency, and full citizenship in the community through direct services, parent education, community training, technology, and advocacy.

UCP Huntsville is a 501(c)(3) non-profit organization operating two regional centers in Huntsville for individuals with cerebral palsy and those representing 180 additional diagnoses.

Organized locally in 1963 to meet the information, resource, and childcare needs of parents of children with physical disabilities, UCP has grown into a leading therapeutic and educational resource, providing a range of services to children and adults with developmental, acquired, or aging healthcare needs and their families.



UCP Therapy Center, 2075 Max Luther Dr. NW, Huntsville, AL 35810

UCP Training Center, 1856 Keats Dr., Huntsville, AL 35810

256-852-5600/256-859-4900

www.ucphuntsville.org

Facebook.com/ucp.huntsville

Twitter@UCPHuntsville

Rose' Society 2023 Rose' Ball



How we are funded

Funding from a variety of sources allowed UCP to provide services at little or no cost to clients, their families, and the community during FY 2022-2023.

Funding sources include, but are not limited to, the following. Thank you to each UCP supporter!

Contracts, Grants, Contributions, & Sponsors

Administration for Community Living Federal Lifespan Respite
Alabama Cares/Alabama Area Agency on Aging
Alabama Department on Developmental Disabilities
Alabama Department of Human Resources
Alabama Department of Medicaid
Alabama Department of Mental Health
Alabama Department of Rehabilitation Services
Alabama Department of Senior Services
Alabama Department of Child Abuse & Neglect Prevention: Children's Trust Fund
Alabama Partnership for Children
Alabama State Department of Education GEER II
Anam Foundation
Avion
Axient in Action
Blue Cross Blue Shield Caring Foundation
City of Huntsville
COLSA Corporation
Combined Federal Campaign (Agency #75529)
Elsie S. Bellows Fund
Event Sponsors and Silent Auction Donors
Greater Huntsville Rotary Foundation
Huntsville Havoc Light the Lantern Foundation
Huntsville Hospital Community Health Initiative
IronMountain Solutions Employee Peaks Fund
Jurenko Foundation
Memorials, Honorariums, and Community Events
Phoenix Grants to Other Non-Profits
PhRMA

Redstone Federal Credit Union
Rose' Society
State Combined Campaign (Agency #031979)
The Lioce Group
Third-party Insurance
UCP of Alabama
United Way of Madison County
Walmart Giving Foundation
Woody Anderson Ford



Huntsville Havoc

UCP Programs and Services

Individuals Impacted by UCP Services FY 2022-2023



Early Intervention: 388

Outpatient Therapy: 352

Units of Service

Physical Therapy: 3,421

Occupational Therapy: 2,180

Speech-Language Therapy: 5,046

Service Coordination: 16,477

Special Instruction: 1,049

Preschool Readiness and
Developmental Playgroups: 33

Counseling & Support Group
Participants: 52

Family Networking Activities
Participants: 570



CCEP Training Participants: 860

CCEP Student Impact: 7,019

CCEP Technical Assistance &
Consultation Participants: 1,802

CCEP Technical Assistance &
Consultation Impact: 14,513

Early Intervention

UCP's Building Blocks Early Intervention program focuses on assisting families who have children with developmental delays from birth to three years of age. An individualized plan is developed based on the family's daily routines and concerns. Appropriate intervention services are provided to fit the family's needs through parent/caregiver training in the child's natural environment. Possible Early Intervention team members may include service coordinators, physical therapists, occupational therapists, speech-language pathologists, developmental specialists, and others as needed.

Children's Therapy Services

UCP's Children's Therapy Services (CTS) pediatric outpatient therapy program provides therapeutic evaluations and direct treatment, including physical, occupational, and speech therapies, for individuals of all abilities from birth to age 19. CTS therapists evaluate and treat developmental delays, motor impairments, sensory issues, feeding issues, gait impairments, as well as short term injuries due to sports and childhood accidents. Additionally, CTS therapists can create upper extremity splints and make equipment recommendations.

CTS is centrally located at the UCP Therapy Center, offers private pediatric treatment spaces, and features the latest in therapeutic equipment.

Developmental Playgroups

UCP offers weekly playgroups for preschoolers to provide children with enjoyable learning experiences and the socialization skills needed to transition later to a traditional classroom setting.

Family Connections

This program provides parent training with a developmental specialist, parent/child playgroups (Family Fun Times), family events for networking and support, seasonal activities for children, resource information and referrals. *Funded by the Alabama Department of Child Abuse and Neglect Prevention.*

CCEP (Childcare Enhancement with a Purpose)

UCP offers free training to childcare providers statewide to help create an inclusive environment for children with special needs. The CCEP program provides onsite training, consultation, and technical assistance to preschools, daycares, and other childcare providers. More than 5,000 North Alabama children and childcare providers benefit annually from this basic child development and inclusion education and training.

As a direct result of CCEP training during FY23, 470 children have been identified with developmental delays and are now receiving services from Early Intervention, the school system, and/or private therapy. *Funded by the Alabama Department of Human Resources.*



UCP Programs and Services

Individuals Impacted by UCP Services FY 2022-2023



Respite Information/Referral
Contacts: 30,476

Families Receiving Respite: 1,808

Respite Hours Provided: 175,036

Respite Training Participants:
1,074

Respite Training Impact: 2,148

Respite Outreach: 85,123

Assistive Technology Supports:
20

Program/Event Volunteers: 214

Volunteer Hours: 1,234

Tourism ALL-a-Bama Training:
189

Tourism ALL-a-Bama Technical
Assistance: 78

Tourism ALL-a-Bama Stays: 54

Tourism ALL-a-Bama Outreach:
54,466

Help Me Grow Family Impact:
1,095

Alabama Lifespan Respite

Respite is temporary relief for family caregivers who are providing unpaid care to individuals with disabilities or chronic illnesses. Alabama Lifespan Respite is a statewide program dedicated to making respite options readily available to caregivers in Alabama. Services include information and referral, public awareness and advocacy, caregiver education, and respite reimbursement. Technical assistance is available to community respite providers. Alabama Respite also contracts with Alabama Cares programs statewide to administer regional respite reimbursement as a personal choice respite option for caregivers. Visit alabamarespite.org.

H.E.A.R.T.S. (Help Emergency and Respite Treatment Service)

The H.E.A.R.T.S. program is designed to provide respite care for families of children with special needs up to age 19. A voucher system allows parents to secure a caregiver of their choosing with payment by voucher. H.E.A.R.T.S. also offers parent trainings on various topics, including first aid and CPR. *Funded by the Alabama Department of Child Abuse and Neglect Prevention.*

Tourism ALL-a-Bama

Tourism ALL-a-Bama is a statewide training and implementation program designed to create lasting change in state tourism through connecting hospitality partners with the advocacy community and families who are not currently being served in an autism-friendly manner. The long-term goal is to equip families with tools to prepare for and enjoy travel and to position Alabama as an autism-friendly travel destination. *Funded by the Alabama Council on Developmental Disabilities and the City of Huntsville.*

Equipment loan program

The SHARE (Special Help with Adaptive Resources & Equipment) program allows UCP to assess, demonstrate and loan durable medical and mobility equipment to UCP clients. Pediatric equipment donations, including standers and walkers, are gladly accepted. Additionally, Elsie S. Bellows grants may assist client families with acquisition of needed equipment.

Family Wellness Initiative (FWI)

The FWI was established in FY23 to expand mental health counseling and supports to include individuals of all abilities, their siblings, and other immediate family members who are impacted by a loved one's special healthcare needs. The goal of the FWI is to decrease stress, anxiety, fatigue, and depression and to increase the overall physical, mental, and emotional wellness of the family unit. FWI services will begin FY24. *Funded by the Huntsville Hospital Community Health Initiative.*

Help Me Grow Alabama

Help Me Grow connects families to health and developmental resources so children (birth to age eight) can start school healthy and ready to succeed. Help Me Grow's North Alabama Regional Care Coordinator is located at the UCP Huntsville Training Center. *Funded by the Alabama Partnership for Children.*



Organization Information



UCP of Huntsville & Tennessee Valley, Inc., an affiliate of UCP National, is governed by a local all-volunteer Board of Directors. The UCP Board includes individuals with disabilities, parents of children with special needs, corporate leaders, civic volunteers, medical and legal professionals, small business owners, and government employees. The UCP Board and staff, led by CEO Cheryl Smith, are responsible for determining services offered locally and raising the funds necessary to operate programs at both Huntsville-based centers. Approximately 94 percent of funds raised by UCP directly benefit children and adults with disabilities and their families, with the remainder used for administrative, maintenance and fundraising expenses.

UCP Board of Directors FY 2022-2023

Officers

President

Michael Berkholtz—2023
Technology Lifecycle Services at US
General Services, Senior Manager

President-Elect

Dr. Adam Hott—2024
CFD Research, Director of Strategic
Initiatives/Bio Division

Vice President-Campaigns

Brittany Shonk—2025
Merit Bank, Senior VP Private Banking

Vice President-Facilities

Caroline Craig—2025
Craig Comfort Control, Office
Administrator

Secretary

David Dalton—2023
Redstone Federal Credit Union, Real
Estate Specialist

Treasurer

Gretchen Jensen—2024
COLSA, VP of Finance & Accounting

Madison County

Jeanne Allen—2024
Legend Realty, Broker-Realtor

Christopher Bero—2023
Army Futures Command, Computer
Engineer

Robin Derrick—2024
Heals, Inc., Clinic Coordinator

Garen Grashot—2024
Torus Concepts, Inc., CEO-Owner

Nanette Griffin—2023
U.S.S.R.C., Camper Services Clerk

Nichole Hache—2024
Adtran, Quote Administrator

Dr. Kimberly Limbo—2023
Huntsville Hospital, Pediatric
Neurologist

Jonathan Lovretich—2023
The Sherwin-Williams Co.,
Commercial Branch Manager

Dr. Bruce Peters—2025
Torch Technologies, Solutions
Provider

Deborah Powell—2025
Bridgeworth, LLC, Sr. Operations Specialist

Matt Reed—2024
Dynamic MSSP, COO

Beth Rymer—2024
NALENT, Clinical Director/RPT

Abena Souffrant—2023
Elite Land Title, Abstractor

Andrew Townsley—2025
Lanier Ford Shaver & Payne, P.C., Associate
Attorney

Limestone County

Amy Patterson—2023
Phoenix, VP of Vocational Programs

Marshall County

Dr. Kimberly Hile—2024
UAH, Assistant Professor

At-Large

Randy Silver—2024
NASA, Lead for CFO IT Systems

Corporation Members

Dr. Jay Durham, Judy Link, Keanna Nichols,
and Clay Martin