

From Resentment to Reverence

A deeper dive into the real, often-taboo emotions of caregiving like anger, shame, resentment and how to alchemize them into understanding and boundary setting.

8/8/25 @10 am via Zoom

Register here

Designing Calm: Sensory Strategies for Caregiving at Home

Practical and sensory-based strategies for home environments that support regulation and dignity for those with dementia or sensory needs.

8/15/25 @ 10 am via Zoom

Register here

Caregiver support group

Are you a family caregiver looking for community? Join Caregiver Outreach Specialist Jenny Stang for our monthly caregiver support group.

Monday 8/18/25 @10 am via Zoom



Register here

Quarterly CARES: Regional Autism Network (RAN)*

Join special guest, Maria Gutierrez from Alabama's Regional Autism Network. RAN is staffed by experts in the field of Autism Spectrum Disorder. Each RAN strives to connect people with ASD, their families, educators, and service providers to the information and/or services that best meet their needs.

* Education Stipend Opportunity

Friday 8/22/25 @ 10:00 am via Zoom

Register here

Neurodivergence in the Family System: Beyond the diagnosis

Learn how family roles, guilt, gifts and generational neurodivergence shape caregiving dynamics.

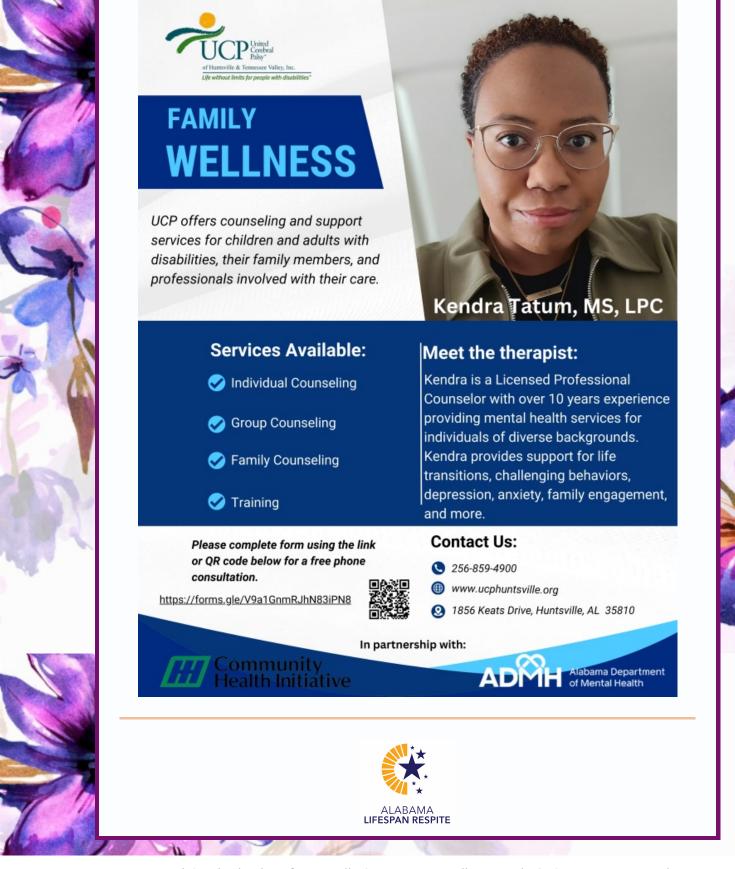
Thursday, 8/28/25 @ 10 am via zoom

Register

Alabama Lifespan Respite & UCP Huntsville is proud to introduce our new therapist, Kendra Tatum, MS, LCP

Complete the referral form here for more information





United Cerebral Palsy of Huntsville & Tennessee Valley, Inc. | 1856 Keats Drive NW | Huntsville, AL 35810 US

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